

# PROJECT W

## WOMEN EMPOWERING WOMEN

**An inclusive, welcoming and safe space solely for women...**

**EVERY THURSDAY 10 - 4PM**

**AMBITION PORTSMOUTH - 67 KINGSTON ROAD, PO2 7DX**

Support with alcohol  
and substance use

Access to family and  
recovery workers

Mindful creativity group  
10:30 - 12pm

Creche from 1 - 4pm

Freedom Programme/Domestic  
abuse support 2 - 4pm

Free tea/coffee  
and lunch

**Want more information, or need support accessing us - speak to Fran  
07464981060 or just drop in to see us**