



# AMBITION PORTSMOUTH

Empowerment • Education • Community



67 Kingston Road

Powered by  **INTUITIVE  
THINKING  
SKILLS®**

## Who are Intuitive Thinking Skills?

Intuitive Thinking Skills (ITS) has delivered accredited peer-led services for over 20 years across England, Wales and Scotland. Our specialism involves harnessing lived experience through education to address attitudinal behavioural barriers, remove stigma and achieve culture change.

We deliver independent peer-support services across many public sectors including alcohol and substance-misuse, mental health, domestic abuse, employment, homelessness, criminal justice and alternative education for young people.

## Who are Ambition Portsmouth?

At Ambition Portsmouth we deliver open access peer-support groups with a positive and encouraging focus on providing opportunities for individual personal progression. We work with our partners in the community by identifying suitable candidates with a variety of lived experience and specialisms, who are willing and able to volunteer their time to become Service Ambassadors.

Ambition Portsmouth provides a route for people with lived experience to give something back, by supporting services, individuals and their communities.

At Ambition Portsmouth we offer the perfect solution for training by developing the skills, knowledge and qualifications required for people to use their unique perspectives and insights to make a real difference in the community.

## Why are we different?

- We are experts through lived experience
- We don't medicalise people's everyday problems
- We challenge negative labels and helplessness
- We pro-actively recruit those with lived experiences
- Our work is educational, fun, and easy to understand
- We promote independence and resilience

# Ambassador Programme

## What is an Ambassador?

An Ambassador is a representative or promoter of a specified activity. We developed the role of peer “Ambassadors” in acknowledgement of the power of lived experience as a means of making positive changes to the quality of people’s lives and in doing so helping communities and the services that are designed to support them.

**Complete the programme and achieve a NOCN Level 2 Award in Information, Advice & Guidance!**

## Our programme will support you to:

- Gain a nationally recognised I.A.G qualification to give you real skills and experience in supporting people to find the right services for them.
- Develop strong and effective communication skills.
- Learn about developing the highest standards of professional behaviour and conduct.

## Our programme includes:

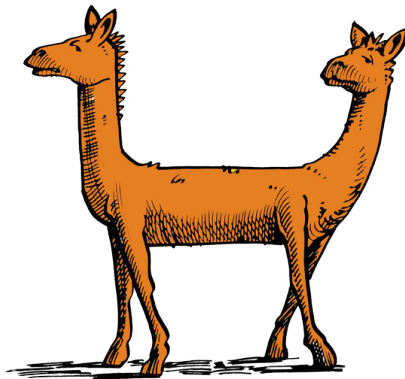
- Safeguarding, Boundaries and Confidentiality training.
- Ongoing guidance and planning to assist and empower you towards sustainable employment.
- Practical and transferrable skills .
- Behaviour change tools.

## Benefits:

- Get the opportunity to volunteer in the services and local community.
- Take a proactive approach to create, develop and support the local community.

# Ambition Portsmouth Timetable

Date	Time	Group	Location
Tuesday	11:00 - 13:00	<b>I.T.S - How We Grow</b>	Meet outside the alleyway alongside 260 Locksway Road, PO4 8LF
Wednesday	9:45 - 11:45	<b>RAW - Woman's Recovery</b>	67 Kingston Road, PO2 7DX
	12:00 - 14:00	<b>Moving Forward Project</b>	3rd Floor Portsmouth Central Library PO1 2DX
	18:00 - 20:00	<b>Menz Group</b>	67 Kingston Road, PO2 7DX
Thursday	10:00 - 12:00	<b>Recovery Cities Steering Group</b>	Alternating weekly: 67 Kingston Road, PO2 7DX 3rd Floor Portsmouth Central Library PO1 2DX
Friday	10:00 - 14:00	<b>Art Group</b>	67 Kingston Road, PO2 7DX



Feel free to call into our drop-in service at **67 Kingston Road, PO2 7DX** for a chat with a tea or coffee, or alternatively give **Ambition Portsmouth** a call on **02393876192** to speak with a member of the team.