

April Newsletter



Learning Through Experience: Phil's Story

"While I do carry remorse over some of my past actions related to drug use, I have absolutely no regrets. Those past experiences with my drug use and behaviour, though challenging at the time, have ultimately shaped me into the person I am today. Without having those experiences, I wouldn't be in a position to help, support and lead others in the way that I do now, and I wouldn't trade that for anything in the world."

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Reducing Violence with NHS England

Read about the amazing work we are doing with NHS England on the NHS

Violence Reduction contract, delivering our accredited programme Kind

Regards, helping people to improve self-control through education and skills.



Read More



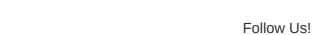
Our **Skills-Tu Life** programme helps people live better lives by **improving their well-being**, including physical, emotional, psychological and social well-being. **Developing motivation**, promoting **independence** and **personal responsibility** will enhance and develop people's skills to improve the quality of their lives.

followed.

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Read more about how we initially designed this programme and the success that

Join our Team!



Check out our latest job vacancies









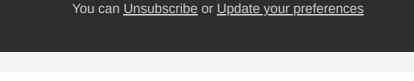












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