



**Under the Inclusive Recovery Cities (IRC) Model, B.More supports to following:**

- **The first purpose of Inclusive Recovery Cities is to make recovery visible.**
- **The second purpose of Inclusive Recovery Cities is to celebrate recovery by organizing activities that bring people together.**

### **What is an Inclusive Recovery City?**

An Inclusive Recovery City (IRC) is a community that actively supports visible recovery, challenges stigma and discrimination, and champions diverse paths to addiction recovery through effective community engagement. It is a place where there are opportunities and options for people to access a diverse range of recovery resources and where they become part of a supportive community, while also giving back to the broader community.

**B.more** is a group of people with a lived experience of recovery who have come together to support Portsmouth in this process, with an aim to plan, prepare and hold four community facing events every year.

**A perfect opportunity to learn new skills, meet new people  
and play an active role in your community.**

Feel free to drop-in at our service at **67 Kingston Road, Buckland, Portsmouth, PO2 7DX** for a chat or alternatively contact Dave Bremmer on **07464981709** for further information.

# Who are Ambition Portsmouth?

At Ambition Portsmouth we deliver open access peer-support groups with a positive and encouraging focus on providing opportunities for individual personal progression. We work with our partners in the community by identifying suitable candidates with a variety of lived experience and specialisms, who are willing and able to volunteer their time to become Service Ambassadors.

Ambition Portsmouth provides a route for people with lived experience to give something back, by supporting services, individuals and their communities. At Ambition Portsmouth we offer the perfect solution for training by developing the skills, knowledge and qualifications required for people to use their unique perspectives and insights to make a real difference in the community.

# Who are Intuitive Thinking Skills?

Intuitive Thinking Skills (ITS) has delivered accredited peer-led services for over 20 years across England, Wales and Scotland. Our specialism involves harnessing lived experience through education to address attitudinal behavioural barriers, remove stigma and achieve culture change.

We deliver independent peer-support services across many public sectors including alcohol and substance-misuse, mental health, domestic abuse, employment, homelessness, criminal justice and alternative education for young people.

# Why are we are different?

- We are experts through lived experience
- We don't medicalise people's everyday problems
- We challenge negative labels and helplessness
- We pro-actively recruit those with lived experiences
- Our work is educational, fun, and easy to understand
- We promote independence and resilience

