

February Newsletter



A Holistic Approach to Domestic Abuse

Our **short-duration, high-impact, early-help Domestic Abuse Programmes** have been developed to promote simple and practical tools as a means to end the cycle of harmful and abusive behaviour within families and relationships.

This Ends Here was designed to provide offenders of domestic abuse with a structured understanding of what drives their behaviours, actions and feelings, along with credible and highly specific tools to change their behaviour.

Enough's Enough was developed to empower people who have been affected/currently being affected by domestic abuse, to safeguard their future free from fear, guilt and misplaced dependence.

Read about how we initially launched these programmes and the success that followed.

[Read More](#)

Empowering Young People in Somerset

Read about the amazing work we are delivering with **young people** in the **Somerset County** with our Young People Life Skills Tutor, **Shane Pittard** in **partnership** with **Somerset Works**.

Intuitive Thinking Skills and Shane are proud to be part of inspiring and encouraging young people to aim higher in the Somerset County, we know that supporting young people to achieve their aspirations through education, training, and employment is meaningful when delivered in the right supportive way.

[Read More](#)



Harnessing past experiences for a brighter future

"A 10-minute phone interview with Peter (Managing Director) **changed my life**.

I came away from the call feeling like this was the job I wanted, and this was the company I wanted to work for."

"I have **job satisfaction** and **I no longer feel the need to hide or make up for my past life choices**. I have Intuitive Thinking Skills to thank."

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