

February Newsletter

Let's hear from our learners!

This month we're sharing some of our learners' stories on the impact our programmes had on their lives. Read it all below!

Recognising abusive behaviour



I have never thought of myself as an abuser because I have never been violent to any of my partners, but now I know different. I have been in my current relationship for about 6 years, and I thought things were good between us...

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Intuitive Recovery Success!

I first started to use amphetamine when I was 15, all my friends were doing it and I didn't want to be left out. We only used on weekends, however...



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Breaking the chains

I first got involved with crack cocaine around 20 years ago. I made a lot of extremely stupid choices that involved drugs which also made me money. After the first two years of...



[Read the poem](#)

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