

January Newsletter



An introduction to our new service **Ambition Portsmouth**

Read about **Ambition Portsmouth**, our new service based in the heart of Portsmouth Town Centre. From our pioneer **Ambassador Programme** to empowering **support groups** and innovative **harm-reduction strategies**, we're not just talking about change; we're making it happen.

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Let's talk about **Gambling**

Gambling-related harm is a **silent crisis** affecting individuals and families, leading to serious consequences like debt, poverty, poor mental health, crime and violence.

Read about the importance of tackling gambling addiction through **responsible industry practices**, **increased awareness**, and **empowering education**. We're committed to supporting those affected by providing them with the right skills and tools to overcome their challenges.

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Overcoming challenges and embracing change

"I often used challenges and labels to hold me back however now I thrive on challenges and labels are only part of my clothing.

The start of behavioural change must start with you! We can be asked, begged and pushed but only we can implement the steps in our personal development."

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Exciting new business!

- We have **partnered with VIA** to deliver the **Gloucestershire Drugs & Alcohol Service**, expanding our reach in substance misuse support.
- We are expanding our **IPS Services** to new areas, including **Leicestershire and Rutland, Stockport, Trafford and Bury**. This expansion reflects our dedication to providing tailored employment support services, helping individuals in these communities to find and maintain meaningful employment.
- We have been commissioned to deliver across **Denbighshire schools** supporting children and Young People to develop their knowledge on critical thinking skills, gangs, county lines, grooming and cuckooing.
- We are working alongside the **North Wales Police** and **North Wales Schools**, helping to reduce crime and help Children and Young People to change their lives and their futures as part of the **Prevention of Future Violence Project**.

"Intuitive Thinking Skills believes in educating Young People rather than criminalising them early on in their lives. Many of the errors we make happen early on in our lives and it's crucial that children are not stigmatised at a time in their lives when they're most vulnerable."

- Zack Haider, Community Development Director

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