

PROJECT W

WOMEN EMPOWERING WOMEN

An inclusive, welcoming and safe space solely for women...

EVERY THURSDAY 10 - 4PM

AMBITION PORTSMOUTH - 67 KINGSTON ROAD, PO2 7DX

Support with alcohol
and substance use

Acupuncture 3 - 4pm

Mindful creativity group
10:30 - 12pm

Access to family and
recovery workers

Creche from 1 - 4pm

Freedom Programme/Domestic
abuse support 1 - 3pm

Free tea/coffee
and lunch

**Want more information, or need support accessing us - speak to Fran
07464981060 or just drop in to see us**